



Rose Petals

Extracts from
Sri Babuji's Satsangs

Focus on the Joy

GURUJI: Focus on the joy, that is enough. Focus on your need and the solution which gives you joy; just the thought of the solution will give you joy.

That is what Baba taught Das Ganu Maharaj from the *Ishavasya Upanishad* when he sent him to Kakasaheb Dixit's house. It's a beautiful teaching. Das Ganu Maharaj longed for an interpretation of the first *sloka* of the *Ishavasya Upanishad* which had puzzled many scholars. No scholar could satisfy him and so at last he asked Baba. Baba simply said, "Oh, is this your question? Why do you ask me? Go to Dixit's house, his housemaid will tell you."

Das Ganu felt insulted. He was a great scholar and he had consulted other great scholars but they couldn't give an answer. Now he thought Baba was insulting him by asking him to go to Dixit's housemaid, an illiterate person! Anyhow, simply because Baba had said so, Das Ganu Maharaj went to Bombay, to Ville Parle, and then to Dixit's house. He stayed overnight and in the morning he saw the housemaid: she was dancing with joy! When he asked her why she was so happy, she said it was because Dixit's wife had given her a sari, and the sari was there, in her box. That's all! Just the very thought of the sari was enough to make her dance, she wasn't even wearing it! Then Das Ganu realized that Dixit's maid had answered his question.



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GURUJI: In Baba's own way, a beautiful way, he explains the exact mechanism of bliss and happiness. Kakasaheb Dixit's housemaid was given a new sari. She did not even wear the sari – she kept it in a box – but she was dancing with joy. The very awareness that her new sari was there, in the box, gave her such bliss that she was dancing with joy. Why? It's meaningless – she hasn't even put on the sari yet! But when she puts it on, what will happen? Will she get more joy simply from putting it on? No, because the joy is already there, in just her knowing "the sari is mine, and it's in my box". Just that thought is enough to give her joy, so she's happily dancing. That is called love, that is called presence, and that is what the great *Ishavasya Upanishad* says.

This is what people are missing [here]. A sari has been given. It is just there in the next room, but no, we don't want it! Because with most things, except for our physical needs, our happiness depends only upon our awareness of them, not on actually possessing them. The very thought that we have money in the bank gives us happiness; whether we actually draw one rupee of it or not is a different matter. The very awareness that it is there, in the bank, that "It is mine!" – that is enough. We feel so secure, so happy. It is there and we are here; it is there and we are here. [Laughter] Like Dixit's housemaid: she doesn't put on the sari and we don't spend the money – it stays five, ten, fifteen years on deposit – still we enjoy it.



GURUJI: [Referring to the Satguru] Once the awareness is there that, "Yes, he is mine, he belongs to me, I belong to him," that is enough. When you sit here, whether I am upstairs and you are downstairs, whether we are in one room or two – even if there is a wall there – it is the same difference. I am sitting here and you are sitting there, just in the next room. But the wall is more important to you. That is why Baba said, "Pull down the wall!" Just the wall is there, that's all. You are there, I am here. Just like the sari of Dixit's housemaid – I am here!



GURUJI: Your actual enjoyment is not dependent upon the object of enjoyment. It is only your *attitude* towards it, how you relate to the object, that gives you happiness. That is why Dixit's housemaid was so happy that she was dancing with joy.

For instance, someone is looking for a job. He needs it desperately and then one day he gets employment. He hasn't even received his first pay, only an e-mail notice that he's been employed at such and such salary, that's all. But, he's so-o-o happy! What has happened to him? That simple awareness – the possibility that a job is there and that he can get a salary – allows him to enjoy the whole thing. Just the very awareness makes him really happy. And like that, not only with regard to these worldly things, it's the same when you meet a Satguru like Sai Baba. It's the very awareness that, "Yes! This is my e-mail letter!" [Laughter] "I've got it!" – that should make you happy. Even though you haven't got nirvana, *mukti*, realization or anything – still the possibility, the promise, the clear promise that, "Yes! I've got Baba!" – that should make you happy. So let us all be like Kakasaheb Dixit's maid – she happily has her sari, you have got Baba, what is there to suffer? What to worry about? Ah, happily enjoy life, happily enjoy! Dance, dance, dance!



GURUJI: Let us enjoy every minute, every breath. Life is a gift to us, it is not a curse, it is not a bane. It is a gift of nature. Let us enjoy it. If you are not able to enjoy it, then seek how to enjoy it. All these things, these *satsangs*, are only meant to make you learn the art of enjoying your own life, that's all. Then every minute our life is renewed, nothing old, nothing previous, nothing dead remains. Every minute it is new – every minute!



GURUJI: Try to appreciate and enjoy the beautiful life that Baba has given you: it is an embodiment of his grace. I see in everybody, in each one of you, how Baba has placed you,

where he has put you, what Baba has given you. If you want more, I will give you more! But enjoy it, enjoy what Baba has given!



GURUJI: Learn! Experience, enjoy and radiate the joy of Baba! I want to see that joy. When I see that joy I am also joyful. All your faces will be bubbling, radiating that joy of love, the love of Baba. The conviction that he is yours, the identity that you are his – that royal feeling should be there. We are all sons and daughters of Sainath Maharaj; if he is royal, we are also royal, we are princes and princesses! [Guruji laughs]



Guruji's voice

